



Scottish Association for
Psychodynamic Counselling

Exploring the Dynamics of Personal Relations

The Problem with Porn: Understanding the Impact of Heavy Pornography Use on Relationships

Anne Duffy

Saturday 1st June 2019

Registration: 10am Lecture: 10.30am - 1pm

Members Free, Associate Members £20, Non-members are welcome £35

Payment at the door

Anne is a qualified counsellor and psychotherapist and has specialised in relationship counselling and sex addiction & compulsivity therapy. She has had specific training in working with couples at risk from conflict and violence. Anne is currently studying for a Diploma in Sexual Relationship Therapy.

Therapists are experiencing an upsurge in clients seeking help for porn dependency. Maybe someone's online activity is out of control and negatively affecting their day-to-day life. Or perhaps discovery of a porn addiction has left a partner devastated and in desperate need of support. Currently Anne works with couples and individuals whose relationships have been torn apart due to porn addiction. It is incredibly challenging work. Anne would like to share her experiences around this complex and powerful phenomenon, and particularly, its overwhelming impact on the couple dynamic.

Edinburgh Training & Conference Venue,

**12 St Mary's Street
Edinburgh, EH1 1SU**