

Saturday 2nd March

“Coming of Age” in conversation with Davina McManus and Romma Clements



Guest Speaker: **Joyce Watkinson**

Qualified in 1997 graduating from the SIHR Advanced Diploma in Psychodynamic Counselling. Accredited with COSCA in 1999 and a member of SAPC since its inception. Worked in social work then as a member of the Care Inspectorate prior to joining the Pastoral Care Team at the Church of Scotland in 2009 working to support ministers and ministry teams, leaving in 2015. Since 2016 working in private practice, as a member of the HDS Counselling Team and a P/T tutor on the Edinburgh University post graduate counselling course.

Joyce will be joined in conversation with experienced counsellors, **Davina McManus** and **Romma Clements**. They are particularly interested in exploring working in counselling as they age, the benefits and drawbacks to this. This will take place in the form of a “conversation” between three practitioners who are all continuing to do a little, or a lot of work into their 60’s and 70’s. After pondering on some of the qualities and possible down sides of this, and how the benefits can be maximised and the more negative aspects minimised, they will invite the audience to join the conversation, either in small groups or as a whole.

Venue: GLASGOW

The Renfield Centre,
260 Bath Street, Glasgow G2 4JP

Registration: 10am

Lecture: 10.30am to 1pm

Saturday 1st June

The Problem with Porn: Understanding the Impact of Heavy Pornography Use on Relationships



Guest Speaker: **Anne Duffy**

Anne is a qualified counsellor and psychotherapist, trained in Person-Centred and Psychodynamic methods. Based in Edinburgh, she works at Bright Light Relationship Counselling and the West End Therapy Centre and also has a private practice. She has specialised in relationship counselling and sex addiction & compulsivity therapy. As an experienced relationship counsellor, she has supported couples with various complex issues and conflicts and has had specific training in working with couples at risk from conflict and violence. Anne is currently studying for a Diploma in Sexual Relationship Therapy.

Therapists are experiencing an upsurge in clients seeking help for porn dependency. Maybe someone’s online activity is out of control and negatively affecting their day-to-day life. Or perhaps discovery of a porn addiction has left a partner devastated and in desperate need of support. Currently Anne works with couples and individuals whose relationships have been torn apart due to porn addiction. It is incredibly challenging work. Anne would like to share her experiences around this complex and powerful phenomenon, and particularly, its overwhelming impact on the couple dynamic.

Venue: EDINBURGH

Edinburgh Training and Conference Venue,
16 St. Mary’s Street, Edinburgh EH1 1SU

Registration: 10am

Lecture: 10.30am to 1pm

Saturday 5th October

20th AGM and Annual Lecture: LGBTQ+ in Therapy



Guest Speaker: **Kevin Guthrie**

Kevin Guthrie has a long history of working with people, a history of around 25 years.

Moving from a role in the NHS 6 years ago in to private practice is a job he says feels like a dream come true, giving the ability to work in a way that is best for the client and being with the client on the journey they choose to take.

During a 10 year role with the NHS Kevin worked with the LGBTQ+ community, working one to one with service users and delivering awareness sessions around gender and sexuality into schools, health setting’s and other professionals.

In private practice he continues to work with the LGBTQ+ community and continues to deliver awareness raising session to others therapists, in the hope he can bring a greater understanding to this often misunderstood community.

Venue: GLASGOW

The Renfield Centre,
260 Bath Street, Glasgow G2 4JP

Registration: 12.30pm

Lecture: 1pm to 3pm